MINUTES OF TWENTIETH OPEN BOARD MEETING OF THE CENTRAL REGIONAL HEALTH AUTHORITY HELD ON TUESDAY, JANUARY 31, 2023 VIA VIRTUAL MICROSOFT TEAMS

PRESENT: Mr. Don Sturge, Board Chair Mr. Thomas Kendell, Vice Chair

Ms. Maisie Clark
Mr. Rick LeDrew
Mr. Des Dillon
Mr. Fred Penney
Ms. Valerie Hoskins

Mr. David Oxford Ms. Joanne Pelley

Ms. Barbara Parsons, Recording Secretary

REGRETS: Ms. Judy White Ms. Jennifer Whalen

Ms. Andrée Robichaud

SENIOR MANAGEMENT PRESENT:

Mr. John Kattenbusch Mr. Craig Davis
Mr. Adam Randell Dr. David Carroll
Dr. Jared Butler Ms. Madonna Sparkes

Ms. Gayle St. Croix

GUEST: Ms. Amy Folkes

DISCUSSION ITEMS

1. Call to Order; Welcome and Introductions

The meeting was called to order by Mr. Don Sturge, Board Chair, at 7:00 p.m.

- Mr. Don Sturge provided a general welcome and individual introduction of Board Trustees to all in attendance.
- On behalf of Ms. Andrée Robichaud, Ms. Joanne Pelley, Vice President of Integrated Health and Chief Nursing Executive provided individual introduction of Senior Management Team to all in attendance.
- The Board Chair provided a land acknowledgment, ... "as we gather virtually from communities across central Newfoundland, Central Health would like to respectfully acknowledge the province of Newfoundland and Labrador as the ancestral homelands of many diverse populations of Indigenous people who have contributed to over 9,000 years of history including the Beothuk on the Island of Newfoundland. Today, this province is home to diverse populations of Indigenous and other people. We also acknowledge with respect the diverse histories and cultures of the Mi'kmaq, Innu, and Inuit."
- The Chair noted that the open meetings is part of our Board's commitment to ongoing engagement with communities, and to building strong effective partnerships throughout the whole Central Health region.
- Reference was made to the schedule of meetings and dates posted on the Central Health website.

2. Approval of Agenda

The agenda was circulated in the Board package for review and approval.

It was moved by Mr. Thomas Kendell and seconded by Mr. Fred Penney to accept the January 31, 2023 agenda for the Central Regional Health Authority Board Meeting be adopted as circulated. MOTION CARRIED

3. Conflict of Interest Disclosure

There were no declarations of conflict of interest.

4. Patient Story

Ms. Joanne Pelley, Vice President of Integrated Health and Chief Nursing Executive shared a positive patient story related to a memorial services that was organized at the Chapel of the Central Newfoundland Regional Health Centre for a patient that had passed away to accommodate the spouse who was still hospitalized at the Centre.

CONSENTITEMS

5. Consent Agenda Items

The minutes of the Central Health December 13, 2022 Open Board meeting were circulated in the Board package for review and approval.

It was moved by Ms. Maisie Clark and seconded by Mr. Des Dillon to accept the minutes of the Central Health December 13, 2022 Open Board meeting as circulated. MOTION CARRIED

SPECIAL PRESENTION / BOARD EDUCATION

6. Presentation: "Strategic Planning Recap"

Mr. Don Sturge introduced Ms. Amy Folkes, Director of Performance and Quality Planning, who presented on 2022/2023 Strategic Plan Recap.

Board Trustees were provided opportunity to ask questions and answers were given.

Mr. Don Sturge acknowledged the work of all involved.

BOARD, MEDICAL STAFF, AND ADMINISTRATIVE REPORTS

7. Chair's Report

The Board Chair, Mr. Don Sturge, provided a verbal report and highlights since the last December 13, 2022 Public Board meeting.

• Given this was the first Board meeting for the 2023 Calendar year, the Board Chair opened his report by addressing Central Health's approximately 3,300 employees and physicians who show up every day, to provide quality care to the people of Central Newfoundland. Extension of thank you with acknowledgement for everything that

physicians do, and despite the many challenges, please know that what you do means so much to so many people.

- Recruitment and Retention continues to be an ongoing and I'm pleased to report that recently Central Health has had success in the recruitment of 3 physicians for the Coast of Bays region.
- The Board would like to extend a warm welcome to:
 - Dr. Madan Mariappan, Bay d'Espoir Community Health Centre, St. Alban's
 - Dr. Robert Jong, Connaigre Peninsula Health Centre, Harbour Breton
 - Dr. Zachary Price, Connaigre Peninsula Health Centre, Harbour Breton, who will be joining us next month.

The Board would like to thank its Central Health Recruitment and Retention team, the Provincial Government, and certainly the people of the Coast of Bays for their efforts in the community and support throughout this whole process.

- This physician recruitment success is just one of many examples of the great work taking place. Another great achievement to highlight on the recruitment and retention level is that throughout 2022 Central Health was successful in hiring 43 external Registered Nurses. Of this number, 5 were rehired retirees, and an additional 9 RNs accepted offers in 2022 and have not yet started with the organization.
- The recruitment team from the People and Culture department continues to work with students who are interested in working with Central Health post-graduation. Recruiters and clinical managers have visited with students in the Bachelor of Nursing and Licensed Practical Nursing classes to encourage students to consider Central Health as a place to work and call home. To date, 12 fourth year BN students have accepted bursaries to work at Central Health following graduation in the spring, and one third year student has accepted a bursary.
- Recruiters and clinical managers visited Kingston, Ontario in January to meet with students in physio and occupational therapy programs, and also to meet with nursing students to promote opportunities in NL.
- Locally, successful community-based events have been held in Grand Falls-Windsor and Gander to recruit individuals in the areas of support services, office administration and for the positions of personal care attendant.
- Central Health has partnered with local Department of Immigration, Population, Growth and Skills offices to host recruitment information events and on-the-spot interviews at these events.
- In-person recruitment events planned for February including meeting with BN students at Western Regional School of Nursing and at MUN School of Pharmacy.
- Central Health continues to work with the Department of Health and Community Services on international recruitment initiatives and on the provision of incentives to students and individuals who are working outside of NL.
- Ongoing work to support healthcare in Central and as Board Chair and on behalf of all trustees, I would like to thank everyone involved for their tireless efforts in getting us to this point.
- With regards to the Provincial Health Authority, the Board continues to be engaged in the development of a single provincial health authority. Just prior to this open board meeting we had an opportunity to meet with transitional CEO Mr. David Diamond to provide input and discuss important areas of concern.
- Referred the fact that Central Health is currently calling upon residents of Central Newfoundland, staff and physicians to provide their feedback in its online Community

Health Assessment survey. Input received provides an understanding of the current health status and health needs of the individuals and communities Central Health serves. Information collected will be used to inform local priorities and action planning around these priorities in each of the Primary Health Care areas.

The Board Chair concluded his report.

It was moved Mr. Don Sturge and seconded by Mr. Fred Penney to accept the Chair's report as tabled. MOTION CARRIED

8. President & CEO and Senior Management Team Report

The President & Chief Executive Officer and Senior Management Team Report was circulated in the Board package.

Ms. Joanne Pelley, Vice President of Integrated Health and Chief Nursing Executive welcomed questions related to the Report, providing opportunity for Board Trustees to ask questions to the Senior Management Team and answers were given.

It was moved by Mr. Fred Penney and seconded by Mr. Rick LeDrew acceptance of the President & Chief Executive Officer and Senior Management Team report as tabled. MOTION CARRIED

9. Resource Planning Committee Report

Ms. Bonnie Pritchett, Resource Planning Committee Chair, provided a verbal report and answered questions.

It was moved by Ms. Bonnie Pritchett and seconded by Mr. Thomas Kendell acceptance of the report of the Planning and Finance Committee as tabled. MOTION CARRIED

10. Quality Assurance & Performance Committee Report

Ms. Valerie Hoskins, Quality Assurance & Performance Committee Chair, provided a verbal report and answered questions.

It was moved by Ms. Valerie Hoskins and seconded by Ms. Maisie Clark acceptance of the report of the Quality Assurance and Performance Committee report as tabled. MOTION CARRIED

ADJOURNMENT

11. Date and Location of the Next Board Meeting

The next meeting of the Central Health Board will be held on Tuesday, March 28, 2023 via Microsoft Teams.

There was motion by Ms. Valerie Hoskins to adjourn the meeting at 7:55 p.m.	
Secretary	Chair