

# Central Health Board of Trustees

## *Board Chair Report*

### March 2023

I'm pleased to share highlights from our final open board meeting, held March 28, 2023.

Central Regional Integrated Health Authority will join Western, Eastern and Labrador-Grenfell as they make the transition to one provincial health authority on April 1. In some ways it represents a bittersweet moment for us all. While we all aspire and continue to strive towards the betterment of our healthcare in one provincial health service, at the same time we are saying goodbye to the entity known as Central Health which has been a part of us in the Central Region for the past 18 years.

To our approximately 3,300 staff, physicians and volunteers, on behalf of the Board of Trustees and myself I want to thank each one of you from the bottom of our hearts for all that you have done. As we say farewell to Central Health please remember that your contributions to healthcare through the Central Regional has been significant.

I would like to thank our current and past President and CEOs, and their senior management teams. Your leadership over these last 18 years have guided the Central Health organization, at times through some challenging times. Your support to the board throughout key decision-making processes has been invaluable.

I would also like to take the opportunity to thank the many Board members who have served throughout the years. As volunteers, the personal time commitment required and dedication to the governance roles is huge. While having to make some difficult decisions is never easy, however being grounded in the core values of Central Health— Compassion, Accountability, Respect, Quality and Stewardship coupled with our Patient and Family Centered Care philosophy makes it easier. I believe the Board has done a commendable job throughout the years and it truly was an honour to have had the opportunity to serve at the table, in-person and virtually.

Going forward will be a new journey for us all. I hope that our work at Central Health has created a more positive experience for our patients and has prepared our staff, physicians and volunteers for the province's next chapter in the health services.

Don Sturge, Chair

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