

Central Health Board of Trustees

Board Chair Report

December 2022

I'm pleased to share highlights from our open board meeting, held December 13, 2022.

With the holiday season upon us, this was the last scheduled Open Board of Trustees meeting for the year. Board meetings will continue in the new year and are scheduled until the end of March 2023.

Central Health continues to make progress with its recruitment initiatives. The board would like to thank everyone involved for their tireless efforts in getting us to this point and we wish you luck with your future endeavors.

The Board participated in a recent Regional Community Advisory Committee (CAC) Networking Day, bringing together staff and committee members from throughout the entire Central Newfoundland region. The theme of the day was "Navigating the New Normal" which is largely driven by questions and concerns from CAC members about access to services and navigating their care needs.

Participants were asked to take their learnings home and share with people in their communities, as well as to come back to their respective CAC tables to discuss how to better share these messages.

Although the theme was very much rooted in recognizing some of the challenges in our healthcare system at this current point in time, there was a lot of positive feedback on the tangible takeaways for individuals and families on navigating their care.

I would like to thank all involved and the organizing committee for making such a wonderful and engaging event possible.

On behalf of the board I would like to wish all a wonderful holiday season. I hope you are able to find time for celebration, relaxation and joyful experiences with family and friends. And in doing so, please remember to follow Public Health guidance throughout the holidays.

The next Open Board of Trustees meeting is scheduled for January 31, 2023.

Vice Chair Thomas Kendall for Don Sturge, Chair